

The ARChive

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Church of the Holy Apostles
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Virginia Beach, VA 23453-2008
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Catholic Diocese of Richmond
www.richmonddiocese.org
Episcopal Diocese of So. Virginia
www.diosiva.org

A Message from Father Mario

INSIDE THIS ISSUE:

<i>Clergy Message</i>	1
<i>Volunteer Schedule</i>	2
<i>Vestry Council Info</i>	3
<i>Celebrations</i>	4
<i>Looking Ahead Calendar</i>	5
<i>Announcements</i>	6-10
<i>Vestry Council</i>	11
<i>2022-23 Goals</i>	12

Sunday Worship

10:30 am

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Deadline for submission is the
3rd Tuesday of the month.



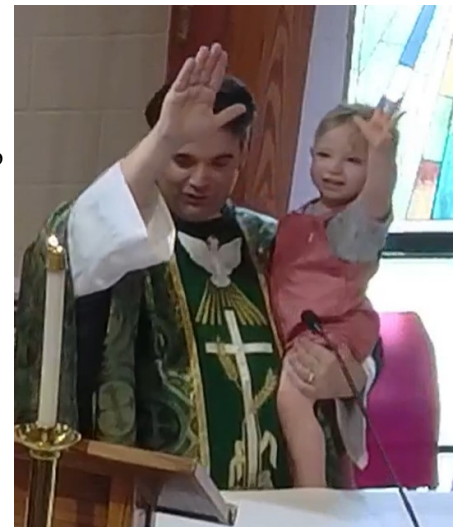
As some may remember, I took a short-term disability in 2021 due to mental health issues. One of the things I tried to do was find ways to help my spiritual and mental healing. Unfortunately, I could not concentrate enough to read my Theology books for a time. Still, as I started to get better, I began to read again. Eventually, I returned to my copy of a book titled *Life Together* by German pastor and theologian Dietrich Bonhoeffer.

Bonhoeffer (1906-1945) stands as one of the great saints of the Church in recent memory, a saint who died at the hands of the Nazi government. In 1934, the Confessing Church, to which Bonhoeffer belonged, issued the *Barmen Declaration*, which repudiated the claims of Hitler and upheld the lordship of Christ. As a result, Bonhoeffer's authorization to teach at Berlin University was terminated, and he was later declared a "pacifist and enemy of the State." One of his crimes, it would seem, was forming a community that sought to live out his conception of new monasticism.

As an Evangelical out of the Lutheran tradition in Germany, Bonhoeffer focused on Christians seeking their salvation, deliverance, and justification in Jesus Christ alone. Yet Bonhoeffer was searching for the joy found when Christians are "together in unity," and he wanted to bring this to not just churches but seminarians. Moreover, he was impressed by the worship centered on the "ordered life" of the communities of monks at Anglican monasteries in England and other forms of communal worship.

In 1935, he accepted an invitation to direct an underground seminary that would recover the rich Christian tradition of the monastics and train a new generation of church

Father Mario's Message Continues on page 11



We choose love over division, unity over separation and Christ above all things.

August	6	13	20	27
WORSHIP COORD.	Joan Flowers	Joan Flowers	Joan Flowers	Joan Flowers
GREETER	Kim Nichter	Kim Nichter	Kim Nichter	Kim Nichter
LECTOR	C. Mills	L. Startt	B. Radford	N. Nichter
READER	K. Ashby	B. Startt J. Tucker	J. Blessing	J. Tucker
EPISCOPAL EUCHARISTIC MIN.	D. Dickerson	A. Cherwa.	A. Whyte	B. Bradford
ACOLYTES	B. Hormuth	B & W. McDaniel	N. Nichter	T. Frey
ALTAR GUILD	N. Nichter /K. Lowe	L. Startt	S. Delaney	H. Frey
COUNTERS	L. Startt / K. Meek	L. Pace / P. Russo	K. Nichter / M. Mills	G. Leighton / S. Stanley
PRAYER TEAM	Anne C & Patty S	Cookie & Ann D	Susie D & Mary N	Patty S & Cookie



September	3	10	17	24
WORSHIP COORD.	Annette Cherwa	Annette Cherwa	Annette Cherwa	Annette Cherwa
GREETER	Kim Nichter	Kim Nichter	Kim Nichter	Kim Nichter
LECTOR	G. Leighton	A. Cherwa	P. Russo	A. Whyte
READER	B. Kimpan	J. Lucas	J. Tucker	P. Salisbury
EPISCOPAL EUCHARISTIC MIN.	B. Startt	C. Mills	A. Whyte	A. Cherwa
ACOLYTES	B. Hormuth	W & B McDaniel	N. Nichter	T. Frey
ALTAR GUILD	Nichter/Lowe	Startt	S. Delaney	H. Frey
COUNTERS	L. Pace / K. Meek	M. Cherwa / M. Meehan	L. Startt / S. Stanley	G. Leighton / M. Mills
PRAYER TEAM	Anne Champion Ann Delaney	Susie Delaney Cookie Lowe	Patty Salsbury Ann Delaney	Bonnie Startt Mary Noyes



Highlights from Vestry Council Meeting

Financial Update: July 2023

YTD Income:	\$ 112,844.75	June Income:	\$ 14,622.24
YTD Expenses:	\$ 179,471.80	June Expenses:	\$ 19,211.83
YTD Excess:	\$ -66,627.05	June Income (loss):	\$ -4,589.59
Adjusted for Parking Lot:	\$ 64,690.00	Adjusted for Parking Lot:	
Adjusted Net (Loss):	\$ -1,937.05	Adjusted Net (Loss):	

- ⇒ Church funds for the operating budget for the month of June are in the red this month due to the parking lot repairs, taring and painting. Money from the savings was moved to pay for some of the expenses since there was not enough money in the Capital Improvement account. At this point in time only \$1,456.53 is owed to the Operating Fund. An appreciation event will take place in August for counters and bank depositors.
- ⇒ Fr. Mario [is away this week including Sunday 16th](#).
- ⇒ Dc. Gary is away this week as well.
- ⇒ Safe Church Audit results are in, and we passed.
- ⇒ Fire and Ice first session was a success. Come visit the Rock painting display.
- ⇒ The Annual Report was approved and will be submitted by August 1, 2023.
- ⇒ Mutual Ministry Review will be August 12, 2023, with Rev. Keith Gentry.
- ⇒ All inventories are due prior to August 30. Quarterly Co-Chair & VC Liaison meeting will be on August 20th.
- ⇒ Admin received the Grant for the Rain Garden Project.
- ⇒ We are now in line for the second grant for an IED.
- ⇒ VC will provide a survey at the yearly meeting.
- ⇒ Job Fair “Sunday” formally Committee Sunday will be returning!

[Approved June Vestry Minutes](#)



Deacon Gary Harmeyer	5	Emma (Isabella) Perez	20
Patty Salisbury	13	Terry Keenan	21
Ray Orland	14	Lynne Graham	24
Kris Meek	15	Amy Rowden	27
Annette Cherwa	16	Fr. Mario Melendez	30
Kim Nichter	17	Jackie Lucas	31



HAPPY ANNIVERSARY

Mr. and Mrs. Larry (Suzanne) Cunningham Aug. 1, 1987

Mr. and Mrs. John (Kat) McDonald

Aug. 20, 1994

Rev. and Mrs. Mario (Catherine) Melendez Aug. 9, 2014

Mr. and Mrs. Brent (Whitney) McDaniel

Aug. 22, 1987

Mr. and Mrs. Terrance (Eileen) Keenan Aug. 10, 1968

Mr. and Mrs. Kevin (Kris) Meek

Aug. 25, 1976

Mr. and Mrs. Rodrigo (Kathleen) Fabila Aug. 12, 1985



We will be celebrating August birthdays and anniversaries on Sunday, August 6th.

We invite you to join us in the Fellowship Hall after the liturgies for cake.





Mark Your Calendars

- Tues. August 1** Committee Reports due to the office
- Wed. August 2** Executive Council, 5:40 – 6:40 pm
- Sun. August 6** Eighteenth Sunday of Ordinary Time
Liturgy begins at 10:30 am
- Tues. August 8** Finance Council, 5:00 pm
- Sun. August 13** Nineteenth Sunday of Ordinary Time
Liturgy begins at 10:30 am
- Fri. August 18** Shabbat with Rabbi Zoberman, 7:30 pm
- Sun. August 20** Twentieth Sunday in Ordinary Time
Liturgy begins at 10:30 am
Caregiver Support Group
- Sun. August 20** Quarterly co-chairs and V.C. liaisons meeting
12:00-12:45 pm
- Sun. August 27** Twenty-first Sunday of Ordinary Time
Liturgy begins at 10:30 am
Mangia Qui luncheon

Every Week:**2nd and 4th Wednesday**


Utilities

12th and 26th

Thursdays

PLARN

9 am to 11am


**Upcoming
Events:**

September 10th
Annual CHA Meeting
12:00 -12:45

In September, Tuesday
Bible Study will re-
sume.

There is a lot of work to be done for the kingdom of Christ, but few people willing to do the work (Matthew 9:37). Don't be afraid to simply start serving; there is a place for you. As you serve, trust that God will equip you, guide you, and give you joy for the work. Find delight in doing the things He has planned for you (Ephesians 2:10; Colossians 3:17, 23).





FELLOWSHIP AFTER MASS:

First Sunday of the month: Fellowship celebrates the monthly birthdays/anniversaries with a cake.

Middle Sundays of the month: Fellowship is looking for CHA members to host Sunday Fellowship. Please contact Dona Mitchell for hosting the other Sundays. Look for additional information or sign up for Fellowship/Coffee Hour on the kitchen bulletin board.



Last Sunday of the month: luncheon at Mangia Qui



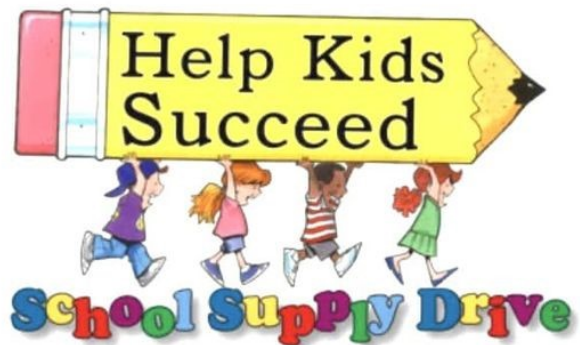
School Supplies

Our new mission is to collect school supplies for children in our community and Virginia Beach Public Schools.

We are coupling with other churches and organizations to collect supplies to be distributed on August 12th at the Virginia Beach Convention Center.

We ask that you bring donations to the church by August 6th. Please place items in the blue bins in the foyer.

Thank you for your caring and generous spirit!



Requested supplies include

Loose leaf paper (college and wide rule)
Pens (black, blue)
Markers (dry erase, sharpie and colored)
Glue sticks

Spiral notebooks
Crayons
Colored pencils
Highlighters

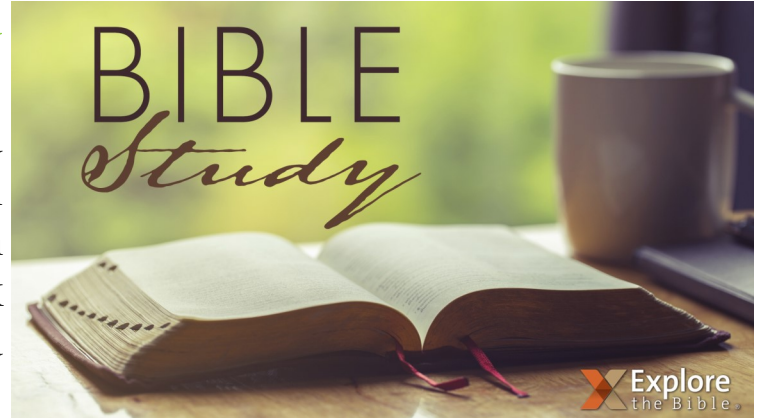
Pencils
Headphones
Ear buds

For information or questions contact
 Kim Nichter 757-650-9087 knichter@cox.net or Nick Nichter 757-285-2565 gnichter@cox.net

"It is not the magnitude of our actions but the amount of Love that is put into them that matters"
 ~Mother Teresa

The Bible Study

committee wants to remind you that our Tuesday meetings will begin again in September. Watch for more information as we look forward to another interesting and informative year.



PLARN Group Works Together

Join PLARN each Thursday from 9am to 11 am.

Please join us for conversation and laughter while making a difference.

PLARN is the process of turning grocery bags into yarn.

There are six (6) steps before crocheting may begin. The donated bags are flattened, cut, snapped, tied and then rolled into PLARN balls for crocheting into mats.

Each mat takes 500 to 700 plastic bags to complete and is very labor intensive.

We are still in need of plastic grocery bags.

Please leave bags to donate on the nursery table.

The Plarn Group has given People in Need (PiN) 29 crocheted mats for the homeless.

A CAREGIVER SUPPORT GROUP will meet on the third Sunday of the month after Sunday Services. The next support group session will be on Sunday, June 18th.

- * We will simultaneously have a group for your loved ones who might be at Church with you, in a different classroom.
- * We would like for this group to not only provide information on resources available to you, but also give you the opportunity to share among yourselves the frustrations and concerns you have as caregivers.

Please feel free to email Joann at jbcch@aol.com with questions you would like answered, presentations you would like us to bring in, and any other thoughts you have for the group.



Manna Closet

We are *in need* of food items for our Manna Pantry. Next time you are at the store, please consider purchasing a few of these items.

Canned meats (including tuna, chicken, spam, corned beef)

Boxed macaroni and cheese

Peanut butter and jelly

Pasta and sauce

Boxed cereal

Snack crackers

Health and beauty aids

Condiments including salad dressing, ketchup, mustard, mayonnaise

We are also ask for donations of paper grocery bags for food distribution. Currently, we are fully stocked with spices, Hamburger/Tuna Helper, rice and dried beans.

We are also ask for donations of paper grocery bags for food distribution.

Monetary donations are always appreciated.

Thank you for your kindness and generosity.

Mowing and Gardening Volunteers Needed

The new sign-up sheet for June & July lawn mowing is on the administrative bulletin board.

Thank you to our volunteers for braving the changing weather conditions.

Contact Lee Startt for details.



Sunday Altar Flower Dedications

If you would like to offer a donation and dedication of altar flowers, please sign-up on the bulletin board and complete an offering form.

Flower dedications are a beautiful way to show gratitude for and honor loved ones.



The [SJL](#) is a newly formed group of Holy Apostles members working with leadership of our Social Ministry to focus on societal issues in our area.

SOCIAL JUSTICE LEAGUE

Racial Equity and Justice-Teresa Stanley, Amy Rowden, Mandy Stanley

Mental Health-Kay Ashby, Amy Rowden

Caregiver Support-Joanne Mancuse, Kay Ashby

Environmental Justice-Patrizia Zorzoli, Richard Giffin, Whitney McDaniel

Nonviolence-Ellen Murphy, Mandy Stanley, Amanda Bean

Immigration-Peggy Snead, Teresa Stanley, Steve Stanley



Environmental Justice

Pollinators 🐝 are enjoying our blooming Butterfly Garden. 🦋



Immigration

Eastern Shore Migrant Ministry mass and fellowship.



Social Justice Mental Health Ministry:

Upcoming Event on September 9th at 7:00 pm

The Social Justice League Mental Health Ministry is planning a group outing to see a play presented by NAMI and Zeiders American Dream Theatre.

You will receive an e-mail from the office with details about signing up to attend and purchasing tickets.

Tickets purchased before July 31st are \$10.

Please see the flyer below for details. Contact Whitney McDaniel with questions.

nami National Alliance on Mental Illness | **Coastal Virginia** AND **ZEIDERS AMERICAN DREAM THEATER** |

presents

*Let Me Tell You What It's **REALLY** Like*

A family's experience with bipolar disorder

September 9, 2023 at 7pm

JENNIFER AND KATE IVES PORTRAY THEMSELVES IN THIS INSIGHTFUL, WARM AND COMPELLING STORY OF WHAT IT IS LIKE TO LIVE WITH BIPOLAR ILLNESS, AND THE IMPACT IT HAS HAD ON JENNIFER, KATE, THE REST OF HER FAMILY AND FRIENDS. THE TWO SISTERS BRING TRUTH AND UNDERSTANDING, ALONG WITH COMPASSION AND HUMOR, TO THEIR JOURNEY. THERE WILL BE TIME FOR Q&A AFTER THE PERFORMANCE. IF YOU LIVE WITH BI-POLAR, OR ARE A FAMILY MEMBER OF A LOVED ONE WHO DOES, YOU WILL NOT WANT TO MISS THIS PERFORMANCE

Zeiders American Dream Theater, 4505 Commerce St, Va. Beach

Early Bird Tickets \$10 each
Early Bird price ends July 31st. Reg. Price \$20

Get your tickets by scanning QR code today

Kate Ives

Jennifer Ives

Christian Ecumenical Network (CENet)



August Retreat

Practice of Ecumenism
Saturday, August 26
9:00 am - 2:00 pm
Westminster-Canterbury on Chesapeake Bay
3100 Shore Drive
Virginia Beach 23451

The cost to attend the retreat (includes lunch) is \$22 per person.

See Ann Martin for more information.

The focus of the retreat will be the practice of ecumenism from the perspective of various traditions with a starting point of Jesus' prayer in John 17:20-23 that all of us "may be one."



Father Mario's Message Continued...

leaders in orthopraxy (right practice) and orthodoxy (right belief). The seminary at Finkenwalde became a social experiment in an intentional Christian community modeled on the Sermon on the Mount.

Alas, the experiment lasted but a moment: the Gestapo, the secret state police, closed the seminary in 1937 and arrested more than two dozen of its students. However, we still have Bonhoeffer's book *Life Together*. When I first read this book as a seminarian, I felt like I was given a window into the lives of fellow students from another era.

Bonhoeffer starts the Community section of *Life Together* with a beautiful and straightforward line from Psalm 133: "How very good and pleasant it is when kindred live together in unity." Everyone at the seminary would start the day with silence and their version of Morning Prayer (Matins) called *Andacht*. Their daily worship followed a monastic model using the Psalms, with people taking turns reading Scripture to each other and singing hymns together. "It is the voice of the church that is heard in singing together. It is not I who sing, but the church... God's Word, the voice of the church, and our prayer belong together." (page 68)

In the psalms with monks and others, in the Holy Eucharist, in meditation and contemplation done in solitude, and in prayer, I have looked for God. Sometimes I can feel God is there with me. God is there in those moments of song and words, but I also think God is between those spaces between words. During August, what can you do to feel the presence of God in your life?

ONLINE GIVING - NEW JOURNEY, NEW BEGINNINGS, NEW GOALS.

Help sustain our church with Online Giving. As we journey through summer and prepare for fall, we remain dedicated to our church's mission. Faithful giving allows Holy Apostles to grow and thrive. Online Giving helps support our church with your donations, payments, and pledges. Set up your account today.



Vestry Council Liaisons

Administration: Anna Crosby & David Dickerson
Christian Formation: Joann Mancuso & Bonnie Startt
Fellowship: Bonnie Startt & Richard Giffin
Liturgy: Joann Mancuso & Whitney McDaniel
Social Ministry: Charlie Mills & Steve Stanley
Finance: Mike Meehan

Committee Co-Chairs

Administration: Brent McDaniel & Kevin Meek
Christian Formation: Kay Ashby & Holly Frey
Children's Chapel: Barbara & Nicholas Kimpan
Bible Study: Ann Delaney & Norma Ragland
Fellowship: Gail Orland and Dona Mitchell
Liturgy: Nicki Felton & Lee Startt
Social Ministry: Kim & Nick Nichter
Christian Unity: Charlie Mills & Open
Finance Council: Grace Leighton, Lynn Pace, Phil Russo
Stewardship: Mike Cherwa & [Open]
Safe Church: Bonnie Startt & Deacon Gary
Health Equity: Andrea Whyte & Catherine Meléndez

Church of the Holy Apostles Annual Goals and Objectives 2022-2023

Goal 1: Be the active ecumenical leader and partner in our local community.

Look for at least two new opportunities to participate in and host ecumenical gatherings for shared formation (i.e.: JustFaith), worship, and prayer. Gather with as many neighboring churches as possible to participate in each event.

Goal 2: Share who we are and why we love Holy Apostles by increasing internal communications to parishioners and visitors and sharing external communications with the community.

Beginning in February, designate the first Sunday of each month as "Invite a Friend" day where parishioners invite friends, neighbors and/or family to attend a Sunday service.

Share a 'Holy Apostles Good News' story written by our Vestry Council and other parishioners on a monthly basis with our community.

Create a Holy Highlights ministry to feature parishioners and their stories.

Refine and implement the welcome/greeter ministry to be wholly in place by February.

Revitalize the newcomer ministry program to be wholly in place by April.

Work toward building safety and accessibility improvements with a plan in place by July.

Create an ad-hoc committee in February to reactivate a healing ministry.

Offer a monthly Caregiver Support Group to the community at large to provide emotional support, reduce social isolation, and be a source of additional resources.

Create a parishioner survey to present at the annual meeting in September.

Publicize Holy Apostles events and news via Constant Contact, the ARChive, and new and existing media outlets whenever possible.

Goal 3: Seek available grant money for community assistance, safety doors, and other needs to promote a healthy treasury and community.

Document existing grant programs used for community assistance

Seek at least two new programs connected to social justice, community health, safety, and accessibility.

Goal 4: Increase parishioner participation in stewardship activities.

Grow the Stewardship committee from one member to at least two members by March to promote time, talent, and treasure stewardship at Holy Apostles throughout the year.